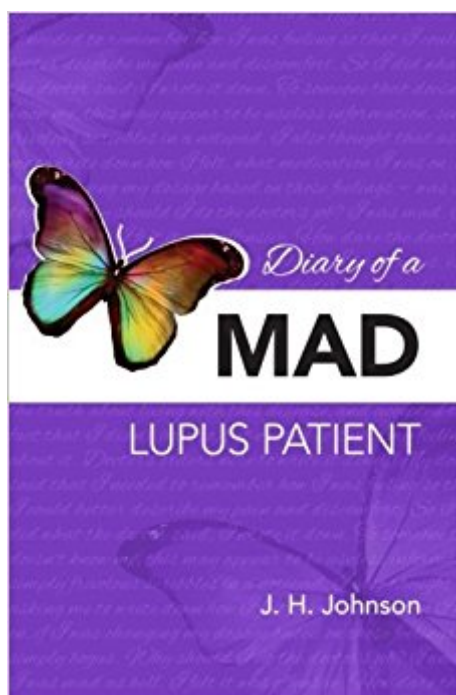


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# Diary Of A Mad Lupus Patient: Shortness Of Breath



## Synopsis

Diagnosed during her high school years, the author decided to keep a personal diary of her confusion, fear, and challenges of being diagnosed with Lupus. Lupus, also known as Systemic Lupus Erythematosus (SLE) is a disease that can affect many different body systems, including the joints, skin, kidneys, blood cells, heart, and lungs. Lupus is more common in women than in men. Research continues to be done on finding a cure for this life-threatening illness. This diary records thoughts and feelings for being diagnosed, to understanding and accepting the reality of living life with Lupus.

## Book Information

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## Customer Reviews

Good insight into the daily life of a lupus. Kudos, to the writer for sharing her journey. A must read!!!  
Great book for comfort! --This text refers to the Hardcover edition.

J.H. Johnson continues her remarkable journey of living with lupus on her personal blog [www.TheLupusLiar.com](http://www.TheLupusLiar.com). She is the author of several books, including her soon to be released book entitled "Traveling With Lupus." J. H. Johnson's continued journey inspires those who know her to keep close to the heart, life's ups and downs, happiness and trials. She continues to see a physician regularly. The gift of a healthy life is not often received. Yet, the art of loving the life that you have and the health that you can achieve, make s life all the more special. J.H. Johnson, is indeed, a genuine example of a Lupus Warrior.

Good insight into the daily life of a lupus. Kudos, to the writer for sharing her journey.

Great book for comfort!

Read this book in 3 hrs. When I say it made me cry, OMG it made me ball... This book was as if she was writing my life out. My constant pain is real and I feel as though nobody really understands what I mean when I say that I am hurting. I am going to recommend this book to a friend who was just diagnosed, and I am going to read it to my family so that they can get a understanding of what I mean when I say I don't feel good, or that I am hurting. Because I often times feel as if they either don't believe me or that they just can't understand, because I use to be so strong. Thank you for your story.

Great book that shows the ups and downs of a lupus patient. Thank you for sharing your story

A must read!!!

Great Book!

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